

WEEKLY POOL SCHEDULE August 15th-21st

Twin Pike Family YMCA

MON	TUES	WED	THURS	FRI	SAT	SUN
5:30am - 7:30pm Lap Swim *by appt only 8:30-9:30am Water Aerobics	8:00am- 4:30pm Lap Swim *by appt only 10am- 4:30pm OPEN SWIM	1:00-4:45pm Lap Swim *by appt only				
Tone&Tide	Deep Water Run		Deep Water Run			1:00-4:30pm
10:30am- 7:45pm OPEN SWIM		OPEN SWIM				
	OPEN SWIM CLOSED 5:30-6:30pm		OPEN SWIM CLOSED 5:30-6:30pm			
	5:30-6:30pm Water Aerobics Aqua Blast		5:30-6:30pm Water Aerobics Aqua Blast			